


HAWTHORN LEADERSHIP SCHOOL

Fresh Ideas for Breakfast

AUGUST				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14 Assorted Cereal Blueberry Muffin Fresh Fruit Juice	15 Sausage Biscuit Jelly Fresh Fruit Juice	16 Strawberry Pancakes Syrup Fresh Fruit Juice	17 Assorted Cereal Granola Bar Fresh Fruit Juice
20 Assorted Cereal Nutri Grain Bar Fresh Fruit Juice	21 Pancake On Stick Syrup Fresh Fruit Juice	22 Bagels Cream Cheese Yogurt Fresh Fruit Juice	23 Cinnamon Waffles Syrup Sausage Fresh Fruit Juice	24 Assorted Cereal Donut Fresh Fruit Juice
27 Assorted Cereal Graham Crackers Fresh Fruit Juice	28 Egg & Cheese Croissant Jelly Fresh Fruit Juice	29 Assorted Donuts Yogurt Fresh Fruit Juice	30 Assorted Cereal Granola Bar Fresh Fruit Juice	31 Closed

Nutrition Tip: Eating a variety of healthy foods gives you energy to do stuff, helps you grow the way you should and can even keep you from getting sick.

All Fresh Ideas menus are subject to change due to product shortage or program needs.
Contact: stthomas@freshideasfood.com

