


# HAWTHORN LEADERSHIP SCHOOL

## Fresh Ideas for Lunch

AUGUST				
Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14 Chicken Sandwich Tator Tots Mixed Vegetables Blend Fresh Fruit Milk	15 Baked Chicken Mashed Potatoes Green Beans Dinner Roll Fresh Fruit Milk	16 Taco Salad Corn & Black Beans Salsa Tropical Fruit Salad Milk	17 Cheese Pizza Romaine Salad Carrots & Ranch Fresh Fruit Milk
20 Chicken Alfredo Penne Steamed Broccoli Garlic Toast Fresh Fruit Milk	21 Hot Dog BBQ Baked Beans Potato Salad Fresh Fruit Milk	22 Build Your Own Sub Turkey Sub w/ Asst Toppings Carrot Sticks Chips Fresh Fruit Milk	23 Buffalo Chicken Nuggets with Ranch French Fries Mixed Vegetables Fresh Fruit Milk	24 Sloppy Joe Sandwich Green Beans Fresh Fruit Milk
27 Chicken Caesar Salad Breadstick Chocolate Chip Cookie Fresh Fruit Milk	28 Teriyaki Chicken Stir Fry over Noodles Carrots Fortune Cookie Fresh Fruit Milk	29 Beef Soft Taco Refried Beans Fresh Broccoli Spears Salsa Sour Cream Fresh Fruit Milk	30 Spaghetti & Meatballs Side Salad Dinner Roll Fresh Fruit Milk	31 Closed

The USDA is an equal opportunity provider and employer.

Breakfast and Lunch menus meet USDA guidelines for calories, fat, saturated fat, protein, calcium, iron, and Vitamins A & C. No fried foods are served. In addition, fresh fruit is offered a minimum of 3 times per week. All menus are approved by our Corporate Dietitian: Pat Holmes, RD.